



THE STROKE AID SOCIETY

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NEWSLETTER: SEPTEMBER - OCTOBER 2014

NEWS FROM STROKE AID

1. We hosted our **29th AGM** on the 7th October 2014.
All went well and we are looking forward to celebrating our 30th AGM in 2015.
2. Stroke Aid will be:**Closing** on Tuesday, **9th December 2014**
Reopening on Tuesday, **13th January 2015**
3. On the **9th December 2014**, we will be celebrating the end of another successful year at Stroke Aid.



Members from our 3 Groups (Paterson Park, South Rand and Soweto) will be attending the celebrations.

Exciting entertainment has been generously sponsored by Boehringer – Ingellheim.

We are however appealing to anyone who is able to donate money, to go towards purchasing food and refreshments. Please let us know if you are able to assist.

4. Although we are not officially selling Christmas Cards, we do have some cards available and we are selling them @ R5 per pack (5 cards and envelopes in each pack).
Please contact us if you would like to purchase any cards, in support of Stroke Aid.
5. *Hope Promotions* are once again organizing **2 shows** on behalf of Stroke Aid.
 - **The Perfect Comedy** @ the Pieter Toerien Theater (Monte Casino) on the **6th December 2014**.
 - **The Greatest Love of All** @ the Joburg Theater on the **24th January 2015**.

To book tickets, please contact **Monique**.

Email: hope2support@telkomsa.net

Cell: 084 619 3808

WHAT'S NEW IN THE TREATMENT/PREVENTION OF STROKE

GROWTH HORMONES IN KIDS LINKED TO STROKE IN YOUNG ADULTS

In a study published online on the 13th August 2014 in "Neurology", the use of growth hormone in childhood was found to be linked to an increase risk for stroke in young adulthood, haemorrhagic strokes in particular.

Growth Hormone is used to treat short stature or growth hormone deficiency in childhood.

Investigators at the University of Lorraine in France found a significantly higher risk for stroke among patients treated with growth hormone in childhood compared with 2 population-based registries used as reference controls.

Lead investigator, Joël Coste (MD, PhD, Head of the Biostatistics and Epidemiology Unit at Hotel Dieu, University of Paris, France) reported that his study revealed "a significant increase in CVA risk, with treated individuals. Children, who were prescribed Growth Hormone, were 1.5 to 5.3 times more likely to experience a CVA than individuals from the general population."

Only children who had been exclusively treated with growth hormone until 1996 were included in the study.

In total, 6874 children were included in the group.

The mean age at treatment onset was 11 years and the mean duration of treatment was 3.9 years.

The mean follow-up interval between initiation of treatment and the date of the last follow-up was 17.4 years.

The mean age at the time of stroke was 24.2 years.

Dr. Coste advised that "for children and adolescents currently on growth hormone treatment, parents should not stop the treatment without medical advice. And in the case where growth hormone is being used merely for the treatment of short stature, the benefits of gaining a few centimetres in growth should be assessed against the risk."

** "Neurology", is the Official Journal of the American Academy of Neurology

REFERENCE: http://www.medscape.com/viewarticle/830064?src=wnl_edit_tpal



INTERESTING TRUE STORY

STROKE VICTIM LEARNING TO SMILE AGAIN AS SURGEONS TRANSPLANT FOREHEAD MUSCLES INTO HER CHEEK AFTER BRAIN TUMOUR REMOVED 10 YEARS AGO

Published online: 10 October 2014

Sara McKay, 45, had a Stroke in June 2004, leading doctors to diagnose and surgically remove a life-threatening brain tumour.

The mother-of-two from Consett in County Durham (UK) has spent years learning to walk and talk again.

'I'd lost all movement down one side, following the operation. I had to learn how to walk and speak all over again.'

Determined not to be beaten, she now goes to the gym and can walk with the help of a stick.

She however never regained the ability to smile as the left side of her face remained paralysed.

In an effort to bring some movement back to her face, Mrs McKay has recently undergone an operation at Newcastle's Royal Victoria Infirmary, where surgeons removed muscles from her forehead and replanted them into her left cheek.

Mrs McKay said: 'Hopefully this will try to help my mouth to move, meaning that I can fully smile again. I knew if I didn't get it done, I would always regret it.'

'I'm now waiting to see if the operation's been successful; they said it could take a little while.'

REFERENCE: <http://www.dailymail.co.uk/health/article-2787900/stroke-victim-learning-smile-surgeons-transplant-forehead-muscles-cheek-brain-tumour-caused-attack-10-years-ago.html#ixzz3GBnRpm4R>

MailOnline





ON A LIGHTER NOTE...

SOMETHING FOR SENIORS TO DO TO KEEP THOSE "AGING" GREY CELLS ACTIVE!

Submitted by: **Sheila Haydock**

1. Johnny's mother had three children. The first child was named April. The second child was named May.

...What was the third child's name?

2. There is a clerk at the butcher shop, he is five feet, ten inches tall and he wears size 13 sneakers

....What does he weigh?

3. Before Mt. Everest was discovered,

...what was the highest mountain in the world?

4. How much dirt is there in a hole

...that measures two feet by three feet by four feet?

5. What word in the English language

...is always spelled incorrectly?

6. Billy was born on December 28th, yet his birthday is always in the summer.

....How is this possible?

7. In California, you cannot take a picture of a man with a wooden leg.

...Why not?

8. What was the President's name

...in 1975?

9. If you were running a race,

...and you passed the person in 2nd place, what place would you be in now?

10. Which is correct to say,

... "The yolk of the egg are white" or "The yolk of the egg is white"?

11. If a farmer has 5 haystacks in one field and 4 haystacks in the other field,

...how many haystacks would he have if he combined them all in another field?

Here are the Answers

1. Johnny's mother had three children. The first child was named April. The second child was named May. What was the third child's name?

Answer: Johnny of course

2. There is a clerk at the butcher shop, he is five feet ten inches tall, and he wears size 13 sneakers. What does he weigh?

Answer: Meat.

3. Before Mt. Everest was discovered, what was the highest mountain in the world?

Answer: Mt. Everest; it just wasn't discovered yet.

4. How much dirt is there in a hole that measures two feet by three feet by four feet?

Answer: There is no dirt in a hole.

5. What word in the English language is always spelled incorrectly?

Answer: Incorrectly

6. Billy was born on December 28th, yet his birthday is always in the summer. How is this possible?

Answer: Billy lives in the Southern Hemisphere

7. In California, you cannot take a picture of a man with a wooden leg. Why not?

Answer: You can't take pictures with a wooden leg. You need a camera to take pictures.

8. What was the President 's name in 1975?

Answer: Same as is it now - Barack Obama [Oh, come on ...]

9. If you were running a race, and you passed the person in 2nd place, what place would you be in now?

Answer: You would be in 2nd. Well, you passed the person in second place, not first.

10. Which is correct to say, "The yolk of the egg are white" or "The yolk of the egg is white"?

Answer: Neither, the yolk of the egg is yellow [Duh!]

11. If a farmer has 5 haystacks in one field and 4 haystacks in the other field, how many haystacks would he have if he combined them all in another field?

Answer: One. If he combines all of his haystacks, they all become one big one.



QUOTE

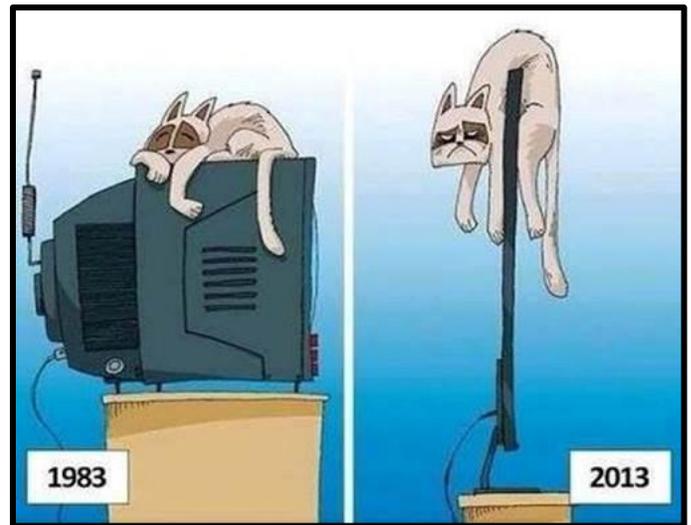
Submitted by: **Sandra Colombick**

"Man sacrifices his health in order to make money. Then he sacrifices money to recuperate his health. Then he is so anxious about the future that he doesn't enjoy the present: the result being that he does not live in the present or the future; he lives as if he is never going to die, and then dies having never really lived."

The Dalai Lama

GROWING OLDER.....

Submitted by: **Sheila Haydock**



Until next time

Cheers
Sharlene

